

# Kingswood Knights

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**Superintendent**  
Caroline Arakelian

**Principal**  
Paul Famulari

**Athletic Trainer**  
Alex Dria

**Athletic Director**  
Aaron House

## Middle School Wrestling (Coed)

Winter 2023-2024

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Depart</u>	<u>Time</u>
<b>Wednesday</b>	<b>Dec. 13</b>	<b>Alton Central School (Alton Wrestling Match)</b>	<b>HS Main Gym</b>		<b>5:00PM</b>
<b>Tuesday</b>	<b>Dec. 19</b>	<b>@ Bedford High School (MS Wrestling Meet @Bedford HS)</b>	<b>Bedford High School</b>	<b>1:40 PM</b>	<b>4:00PM</b>
<b>Thursday</b>	<b>Dec. 21</b>	<b>@ Rochester MS Meet</b>	<b>Rochester MS Meet</b>	<b>2:15 PM</b>	<b>4:00PM</b>
<b>Wednesday</b>	<b>Jan. 03</b>	<b>@ Plymouth Wrestling Match</b>	<b>Plymouth High School</b>	<b>2:15 PM</b>	<b>4:00PM</b>
<b>Wednesday</b>	<b>Jan. 17</b>	<b>Tri-Match (Alton and Winnisquam)</b>	<b>HS Main Gym</b>		<b>5:00PM</b>
<b>Saturday</b>	<b>Jan. 20</b>	<b>@ Rundlett Middle School</b>	<b>Rundlett Middle School</b>	<b>1:45 PM</b>	<b>4:30PM</b>
<b>Wednesday</b>	<b>Jan. 24</b>	<b>@ Winnisquam Regional Middle School (Winnisquam Meet)</b>	<b>Winnisquam Regional Middle School</b>	<b>2:00PM</b>	<b>4:00PM</b>
<b>Thursday</b>	<b>Jan. 25</b>	<b>@ Rundlett Middle School</b>	<b>Rundlett Middle School</b>	<b>2:30 PM</b>	<b>4:30PM</b>
<b>Wednesday</b>	<b>Feb. 07</b>	<b>@ Plymouth Regional High School (Ms Wrestling @plymouth)</b>	<b>Plymouth High School</b>	<b>2:15 PM</b>	<b>4:00PM</b>